

Group Therapeutic Drumming for Clinical Settings

Erik Dunton, Presenter

Earn 5 CMTE credits

July 30th, 2011

Cost: \$75

\$60 for members of TAMT

Parthenon Pavilion

2401 Parman Place, Nashville, TN, 37203

Schedule

11:30-12:00	Registration
12:00-12:30	Group drumming intro
12:30-1:30	Session 1
1:30-1:45	Break
1:45-2:15	Session 2
2:15-2:45	Session 3
2:45-3:00	Break
3:00-4:00	Session 4
4:00-4:45	Session 5
4:45-5:00	Closing and evaluations
5:00-6:00	State meeting

**Snacks and drinks are included with Registration*

Registration Deadline is July 22nd, 2011

Opening Group Drumming Session

During the opening drumming session, participants will demonstrate their ability to apply elements of music to achieve therapeutic goals using group drumming facilitation techniques.

(II. A. 5. A)

Session 1- Group Therapeutic Drumming Facilitation Basics

This hands-on, interactive presentation will allow participants to discuss the selection and adaptation of appropriate percussion instruments and equipment consistent with treatment needs. This session will also include basic hand drum skills and tips to enhance functional percussion skills and lower the risk of fatigue and injury to your groups' participants. We will explore how to use a drum circle to develop inter-personal and leadership skills, including decision-making and problem solving. (I. C. 11)

Session 2- Choosing the Right Drums for Clinical Settings

This session will cover what to consider when selecting drums and percussion appropriate for clinical and therapeutic uses. This discussion will also include cleaning (including infection control), care, and transportation of instruments as well as general adaptive equipment. (II.A.5.a)

Session 3- Drumming Considerations with Various Populations

In this session participants will demonstrate and discuss the consideration of client's age, culture, music background, and preferences when designing effective music therapy experiences. We will cover how to use group drumming to facilitate interactive responses, impulse control, motor skill development, non-verbal expression, self-esteem and self-awareness with others. (I. C. 9)

Session 4- Drumming for Wellness and Relaxation

This hands-on session will allow participants to identify through discussion and demonstration ways to use music for self-care or relaxation. This presentation will also cover ways to use drumming for large and small groups as well as for personal enhancement. (II. A. 2. B)

Session 5- Closing Group Drumming Session

We will finish with a drum circle where participants are encouraged to demonstrate learned facilitation skills. (II. A. 5. A)



Erik Dunton is an eclectic and charismatic multi-percussionist, dynamic motivational interactive rhythmic-event facilitator, and private music educator with over 30 years of experience offering exceptional support and personal expression. Erik is a REMO HealthRHYTHMS® Trained Group Empowerment Drumming Facilitator. HealthRHYTHMS® is an evidence-based Recreational Music-Making program that leverages the benefits of group empowerment drumming as a life enhancement tool. In 2007 Erik founded Hands-On-Drums, a company serving the Greater Nashville/Middle Tennessee Area. He works in corporate and clinical settings, providing interactive rhythmic-based recreational music events designed to meet specific community-building, wellness and therapeutic goals. Hands-On-Drums offers effective, evidence-based, team-building and leadership skills programs based on the principals of corporate drumming. For more information visit www.hands-on-drums.com.



Cancelation Policy:

A full refund of fees can be made up to July 22nd, 2011. No partial refunds will be given. There are no prerequisites to participate.

Group Therapeutic Drumming for Clinical Settings is approved by the Certification Board for Music Therapists (CBMT) for 5 Continuing Music Therapy Education credits. Credits awarded by CBMT are accepted by the National Board for Certified Counselors (NBCC). The SER-AMTA, P-024, maintains responsibility for program quality and adherence to CBMT policies and criteria.